



A WILD PLACE TO SHOP AND EAT

Bowl food Menu

£4.50 each

Beef & Ale Casserole

Prime Steak Chunks in dark Ale and Mustard Sauce with Button Mushrooms and Onions

Chilli & Rice

A traditional Mexican Beef Chilli with Kidney Beans, Tomato and Jalapeno Peppers accompanied with Tortilla Chips and Rice

Moroccan Lamb

Tender Leg of Lamb, Sun Dried Apricots, Chickpeas, Mint, Chilli and Tomatoes with a medley of Grains to include Cous Cous and Bulgar Wheat

Traditional Irish Stew

Tender Lamb with Pearl Barley, Cabbage, Carrots and Potato

Thai Chicken & Fragrant Rice

Fillet of Chicken with Lemongrass, Ginger, Sweet Chilli and Coriander, served with Jasmine Rice and Prawn Crackers

Chicken & Mushroom Forestiere

Variety of Forest Mushrooms, Chicken and Bacon cooked in an Herb and White Wine Cream Sauce and Wild Rice

Chicken Kashmiri

An Aromatic spiced Chicken Dish with Mango, Lime, Chutney and Pappadums

Sausage & Mash

Hot Butchers Bangers with creamy Chive Mash and Mustard Pickle

Homemade Fishcakes and Pea Mash

Homemade fresh Salmon and Chive Fishcakes served on crushed Potato and Garden Pea Mash, with Onion and Dill Mayonnaise

Fish Pie

Cod & smoked Haddock in a Parsley & Spring Onion Sauce, topped with fluffy Mash and Grated Cheese

Vegetable Vindaloo

Fresh Vegetables and Chickpeas in a hot and spicy Curry, served with Bread Stick

Mushroom Stroganoff

Field Mushroom, Onions and Tarragon in a Cream and Brandy Sauce, with Garlic Crosstini

International Cheese Platter

With Nuts, Crackers, and assorted Breads

Assorted Chocolate Sweets and Mince Pie